



Which areas of your body were X-Rayed? ( )NECK ( )MID BACK ( )LOW BACK ( )OTHER \_\_\_\_\_  
 Was any treatment administered at the hospital? ( )ICE ( )HEAT ( )CERVICAL COLLAR ( )MEDICATION  
 FOLLOW UP INSTRUCTIONS: \_\_\_\_\_

**OTHER HEALTH CARE PROVIDERS SEEN AFTER THE ACCIDENT:**

1) Dr. \_\_\_\_\_ Specialty: \_\_\_\_\_ Referred By: \_\_\_\_\_

Date first seen: ( \_\_ / \_\_ / \_\_\_\_ ) Treatment type: \_\_\_\_\_  
 Treatment frequency/duration \_\_\_\_\_ Currently treating? ( )YES ( )NO  
 Any disability? ( ) YES ( ) NO If YES, please describe \_\_\_\_\_  
 Special tests (X-Rays, MRI, CT): \_\_\_\_\_ Did treatments help? ( )YES ( )NO

2) Dr. \_\_\_\_\_ Specialty: \_\_\_\_\_ Referred By: \_\_\_\_\_

Date first seen: ( \_\_ / \_\_ / \_\_\_\_ ) Treatment type: \_\_\_\_\_  
 Treatment frequency/duration \_\_\_\_\_ Currently treating? ( )YES ( )NO  
 Any disability? ( ) YES ( ) NO If YES, please describe \_\_\_\_\_  
 Special tests (X-Rays, MRI, CT): \_\_\_\_\_ Did treatments help? ( )YES ( )NO

**QUESTIONS ABOUT YOUR WORK AND SOCIAL HISTORY:**

What is your occupation? \_\_\_\_\_  
 Employer at time of injury? \_\_\_\_\_ Employers Phone #? \_\_\_\_\_  
 Employers Address: \_\_\_\_\_  
 Is this accident an *on the job injury*? ( )YES ( )NO If YES, have you reported it to your employer? ( )YES ( )NO  
 Has an *on the job injury claim* been filed? ( )YES ( )NO If YES, what is the claim number? \_\_\_\_\_  
 Have you lost time from work as a result of this injury? ( )YES ( )NO If YES, please list dates \_\_\_\_\_  
 Date you returned to work or expect to return to work \_\_\_\_\_  
 I am currently working: ( ) FULL-TIME ( ) PART-TIME \_\_\_\_\_ (HRS/WEEK) ( ) REGULAR DUTY ( ) LIGHT-DUTY

**PLEASE CHECK THOSE ACTIVITIES THAT ARE REQUIRED OF YOU AT WORK:**

LIFTING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	Up to ___ lbs
CARRYING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	Up to ___ lbs
PUSHING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	Up to ___ lbs
PULLING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	Up to ___ lbs
SITTING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	
STANDING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	
WALKING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	
BENDING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	

REACHING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	
TWISTING		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	
COMPUTER WORK		OCCAISIONALLY		FREQUENTLY		CONSTANTLY	

**PLEASE CHECK THOSE ACTIVITIES THAT CAUSE WORSENING OF YOUR ACCIDENT RELATED INJURY:**

LIFTING		SITTING		TWISTING		HOUSE WORK		
CARRYING		STANDING		REACHING		YARD WORK		
PUSHING		WALKING		EXERCISING		DRIVING		
PULLING		BENDING		COMPUTER WORK		OTHER _____		

**SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_